

Daphne Schedule



Effective March 23, 2009. Schedule subject to change as school grows.

MONDAY "A" DAY	TUESDAY "A" DAY	WEDNESDAY "B" DAY	THURSDAY "B" DAY	FRIDAY	SATURDAY
Junior Beginners 4:30 pm— 5:15 pm	Li'l Champs 4:15 pm – 5:00 pm	Junior Beginners 4:30 pm— 5:15 pm	Li'l Champs 4:15 pm – 5:00 pm	Currently No Classes On Fridays	Currently No Classes On Saturdays
Li'l Champs 5:15 pm – 6:00 pm	Junior Advanced 5:00 pm— 5:45 pm	Li'l Champs 5:15 pm – 6:00 pm	Junior Advanced 5:00 pm— 5:45 pm	AGE GROUPS Li'l Champions 5-6 Years Old Junior Beginners 7-13 Years Old Junior Advanced 7-13 Years Old Adults 14 Years Old & Above	
Adults 6:00 pm— 6:45 pm	Junior Beginners 6:00 pm - 6:45 pm	Adults 6:00 pm— 6:45 pm	Junior Beginners 6:00 pm - 6:45 pm		
	Adults 6:45 pm – 7:30 pm		Adults 6:45 pm – 7:30 pm		

DOJO PROTOCOL

- Please arrive 10–15 minutes prior to class time ready for class.
- Remain in proper warm-up area until called onto the floor.
- Never disturb the class in session.
- Quietly stretch and prepare quietly for class.
- All valuables should be left in your car.
- Clean uniform and hygiene habits are a must.
- All guests should remain in seating area.
- All shoes should be placed in shoerack.
- Children must remain in designated areas.

HAVE YOUR BIRTHDAY PARTY HERE!



Just bring the camera, order the pizza and bring the cake, we'll do the rest! Each 90 minute party includes an exciting karate lesson developing teamwork through games and drills! Each child gets a gift certificate and the Birthday Child gets a special gift!

Call 625-4257 to reserve your party!

Choose One "A" Day and...

...Choose One "B" Day for balanced Training

On "A" Days, we work Skills/ Drills/Conditioning and Curriculum Training

On "B" Days, Self-Defense and Sparring Drills are practiced.

PHONE: 62-KICKS
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